
READING PART 2

MASTER

CENTRO DI ALTA
FORMAZIONE

READING PART 2

- Nella seconda parte, abbiamo un testo con alcuni spazi vuoti. Successivamente vengono fornite una serie di frasi, tra le quali dobbiamo scegliere l'alternativa corretta per ciascun spazio. *Attenzione! C'è una frase in più che non va inserita.*
 - Prima di procedere, ti invito a scaricare il pdf sulla parte di Reading. In questo modo, sarai in grado di seguire questa lezione con più facilità e svolgere gli esercizi in modo più accessibile.
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Reading Part 2

Read the text. Use the sentences to complete the text. Choose the correct sentence for each gap.

There is one extra sentence you will not need.

Playing and learning

Throughout history children have played in groups and taken part in imaginative games. They've pretended to be pirates and princesses, heroes and villains. **(1)**_____. However, the way in which children play has changed during recent times. Children now have a much wider range of toys to choose from and as a result spend less time playing pretend games. **(2)**_____.

Pretend games actually help children to develop an important learning skill called 'executive function', which improves their ability to self-regulate. Kids with good self-regulation are able to manage their emotions and behaviour, and display self-control and discipline.

(3)_____. In the late 1940s psychologists carried out a self-regulation study, in which young children were asked to perform a number of different exercises. One of the exercises in the experiment was to stand perfectly still without moving, which most three-year olds were good at. **(4)**_____. They found that today's five-year-old children could only perform at the same level as three-year-olds in the 1940s and today's seven-year-olds were only just reaching the level of a five-year-old then.

A child's level of 'executive function' can have a big effect on the success they have at school, as children learn more when they can pay attention and manage their feelings. One reason imaginative play is such a vital tool for building self-control is because it teaches children to engage in 'private speech'. **(5)**_____. When children's play is more structured, their private speech declines.

Children are now starting their formal lessons in school at a much younger age and classes are often geared towards testing children and preparing them for exams. **(6)**_____. But it now seems that this environment we've created, which was designed to give children every advantage in life, may actually have deprived them of a vital activity. Play time, it seems, is extremely important for children.

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- A Parents created secure environments to play in
 - B They've improvised and regulated their play by making up their own rules and characters
 - C Researchers recently repeated this experiment, and found very different results
 - D This recent trend has been shown to have an impact on their imagination
 - E As a result some teachers think playing is a waste of time
 - F This means that children talk to themselves about what they are going to do and how they are going to do it
 - G By comparing two studies, we can now prove that children's ability to self-regulate has been reduced in the past sixty years
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COME SVOLGERE QUESTO ESERCIZIO?

- Leggi il testo la prima volta, senza rispondere subito, per capire il contesto. Poi, leggi le frasi.
 - Una volta finita la prima lettura del testo, ricomincia a leggerlo e questa volta cerca di riempire gli spazi vuoti con la frase adeguata.
 - Presta molta attenzione a quello che c'è scritto sia prima che dopo lo spazio vuoto. A volte basta un pronome, una preposizione o un verbo per capire qual è l'alternativa giusta. È fondamentale che il testo sia coerente quindi la frase inserita dovrà continuare il filo del discorso del testo, trattando lo stesso argomento di quello che si trova attorno allo spazio vuoto.
 - Se non sai la risposta corretta da mettere in un determinato spazio vuoto, vai avanti e fai il prossimo. Non soffermarti solo su uno, sennò sprecherai tempo.
 - Una volta terminato il compito, rileggi il testo e controlla che tutto sembri giusto.
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ORA SVOLGI QUESTA PARTE IN AUTONOMIA. METTI IN PAUSA IL VIDEO.

- Cerca di fare in modo autonomo questo esercizio e poi vedremo le soluzioni assieme.
- Una volta terminato l'esercizio, fai ripartire questo video.



ECCO LE SOLUZIONI...

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Pretend games actually help children to develop an important learning skill called 'executive function', which improves their ability to self-regulate. Kids with good self-regulation are able to manage their emotions and behaviour, and display self-control and discipline.

(3) **G**. In the late 1940s psychologists carried out a self-regulation study, in which young children were asked to perform a number of different exercises. One of the exercises in the experiment was to stand perfectly still without moving, which most three-year olds were good at. (4) **C**. They found that today's five-year-old children could only perform at the same level as three-year-olds in the 1940s and today's seven-year-olds were only just reaching the level of a five-year-old then.

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Children are now starting their formal lessons in school at a much younger age and classes are often geared towards testing children and preparing them for exams. (6) **E**. But it now seems that this environment we've created, which was designed to give children every advantage in life, may actually have deprived them of a vital activity. Play time, it seems, is extremely important for children.

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GRAZIE PER L'ATTENZIONE E BUONO STUDIO!
